

# Annual Report 2015-16



# Who we are and what we do

Markfield is an inclusive community hub where people can play, socialise and get information & support. Our purpose is:

- To enable disabled, Deaf and Autistic people to be themselves, take risks and live life to the full
- To focus on the needs of the whole family and break down isolation
- To promote respect of disabled, Deaf and Autistic people and support their full participation in society

## The core values that underpin our work are:

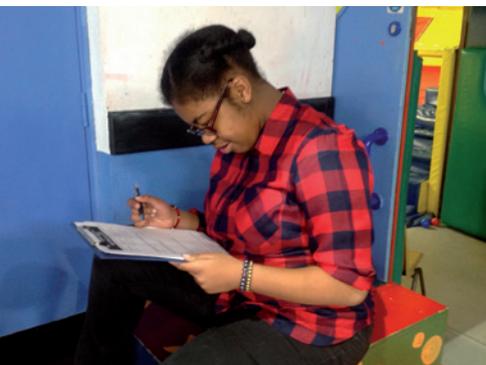
**Inclusive** - We are for disabled and non-disabled people

**Innovative** - We explore new ideas

**Empowering** - We enable participation

**Connected** - We are part of our community

This report shows the highlights of the year April 2015 to March 2016. This has been an exciting year as we have carried out a strategic review to develop our goals for the next five years. We have consulted with children, young people, adults, parents/carers, staff, volunteers, our trustees, funders and partners. We have reviewed our purpose and values to make sure they reflect what is important to people at Markfield.



## Contact details

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# Services for children

We have continued to run our programme of **clubs and holiday playschemes** for disabled children and siblings. Our aim is for children to have a place to relax, make friends and have fun. Children can choose from lots of activities such as adventure play in our exciting playground, bonfires, BBQs, art, music, trampolining, cooking, sports and gardening. We have fantastic facilities such a soft play room, computers, a huge play structure and zip-wire. During our holiday playschemes this year we organised special projects and visitors such as the Challenge Group, who came to run sports activities with children, and theatre workshops led by members of Jackson's Lane Theatre Company.

These services are partly funded through grants from Tottenham Grammar School Foundation, Haringey Voluntary Sector Investment Fund and through individual 'short breaks' personal budgets.

“ It's like an adventure. ”

As well as offering places for siblings on our clubs and playschemes, this year we have run a specific project for siblings funded by the Big



Lottery. We organised trips and play activities for eighteen siblings so they could have a chance to make friends, try new experiences and have a break.

“ I enjoyed meeting new people... siblings group makes me smile ”

Our **Saturday Open Access playground drop-in sessions**, funded by BBC Children in Need, give hundreds of local children and their families access to Markfield's adventure playground. This year we have had lots of help from children



and families who visit the playground to maintain and decorate the playground; families got involved in gardening and painting the play structure.

“ Our son always has a fantastic time and will spend the week talking about it! ”

Our weekly **stay and play** drop-in for children under 5 and their parents/carers offers a range of accessible play opportunities such as sensory play with interesting materials and textures, role play in our shop or home corner, outdoor play and art activities. This year our team have supported children and families by demonstrating ideas for Developmental Movement Play and leading music sessions with both songs and Makaton signing.



**Family Club** is a place for children and families to relax, play and socialise. We have a range of indoor and outdoor play activities, face painting, music and our volunteers help prepare a lovely lunch! This year Family Club had a fantastic Christmas party with games, presents and party food.

# Services for young people and adults

We run **youth activities** on our clubs and playschemes; such as designing and making clothes, graffiti art, photography, DJing, sports and trips out. This year we took steps to start clubs that are specifically for young people and adults aged 16 to 25. We have continued our **youth work experience project** as part of our Saturday Open Access adventure playground drop-in, with four more young people completing placements and getting certificates this year. Our **youth steering group** 'Independent Young Advisors' who help guide the Special Educational Needs and Disabilities Information, Advice & Support Service (SENDIASS), funded by Haringey Council, have achieved some fantastic work this year including a guide for professionals about



how to make Special Educational Needs and Disabilities Annual Review meetings accessible. This guide has been shared with all Haringey SENCOs and is used by SENDIASS staff.

“ Before. I was always quiet, silent in the background. I was always on my own. Now I feel like I want to talk, express, myself and get to know other people. ”

We have begun providing advice and support sessions, funded by the Big Lottery, for young people and their parents/carers about transition to adulthood; helping prepare and plan for the future. We have continued to offer travel training to some adults with learning disabilities to increase their knowledge of and confidence in using public transport.

Our daytime and **evening social clubs for adults** with learning disabilities, autism or Aspergers Syndrome, funded by London Borough of Haringey

Adults Services and the City Bridge Trust, have continued to grow. The clubs aim to ensure that adult members participate in the running of the sessions.

“ I like to take part in different activities ”

**'Markfield@Nite'** is a Friday evening social club run by an elected service user committee. This year the committee have organized a range of activities on sessions including a Drama Therapist placement, regular dance tuition, art activities and trips.

**'Art Engine'** is a daytime session which gives adults with learning disabilities the chance to develop and showcase new arts based skills. This year they exhibited their work at the Park Studios. The group has also organised group walks within the local area, funded by 'Tottenham Active'.

**'All for One Club'** is a Monday evening club for young adults with autism or Asperger's Syndrome, funded by the City Bridge Trust. The sessions aim to help adults develop social skills, participate in arts and sports activities and take part in trips. The group also discuss issues which affect their well being in a safe and supportive group, where difference is enjoyed and celebrated. One discussion topic this year was 'What do you think are the main difficulties faced by disabled people and their families living in our local community?'



# Services for parents and carers



We have a wide range of family support services running at Markfield and outreach at other local venues. Our services aim to empower families to advocate for their rights, access services and participate in decision making.

We focus on ways families can build supportive networks and get involved in the local community. The services for families are funded by the Big Lottery, Haringey Council, Department for Education, Bloomfield Trust and Family Action.

We continue to run the **Special Educational Needs and Disabilities Information, Advice & Support Service** for Haringey, offering independent advice and support for parents/carers of children with Special Educational Needs and Disabilities (SEND) as well as directly to young people. This year we have been providing monthly group advice and training sessions on topics such as 'Personal Budgets for short breaks, 'School Exclusions' and writing SMART outcomes.'

“ It was very informative and practical. It was lovely to share knowledge and experience with other parents ”

We offer a number of weekly advice sessions for parents/carers to help with accessing disability benefits, understanding the diagnosis process, accessing services and behaviour management.

Family support workers are also available at **family drop in** sessions to offer advice and sign posting, for example at the Under 5's stay and play session, Saturday Open Access and the monthly Family Club. This year we piloted a new information drop in on Friday mornings, facilitated by volunteers, this is a place for parents to get

help accessing information online, researching services and finding resources.

We offer three weekly **parent/carer groups** (including a Turkish-speaking group); where people can socialise and relax, get advice and build support networks. One group is for parents/carers of adults or young people transitioning to adulthood. This group focuses on encouraging carer well being through relaxation, walks and massage. They also plan events and invite speakers to help raise awareness and increase carers' knowledge, this year the group hosted a talk about Universal Credits and disability benefits.

“ Wonderful facility – we look forward to coming each time. ”

We continue to run a number of **free training workshops and courses for parents/carers** and this year have delivered a new 'Understanding Autism' workshop developed by the National Autistic Society.

Our **volunteer befrienders** are trained and matched with families to offer an extra pair of hands with things like: play activities at home, going out locally and visiting new places. We also have volunteer mentors that are matched with young people to help them access community resources. This year we have gained accreditation for our volunteer training course from the Open College Network, which means volunteers can work towards gaining an accredited certificate.



## Statement of financial activities (summary income and expenditure account) for the year ended 31 March 2016

	Unrestricted Funds			2016 Total	2015 Total
	General Funds	Designated Funds	Restricted Funds		
	£	£	£		
<b>Income</b>					
Grants, donations and legacies	1,434		15,000	16,434	3,349
Income from charitable activities	209,766		368,008	577,774	582,280
Income from other trading activities	16,244			16,244	16,354
Investment income	598			598	558
<b>Total income</b>	<b>228,042</b>		<b>383,008</b>	<b>611,050</b>	<b>602,541</b>
<b>Expenditure</b>					
Cost of raising funds	9,915			9,915	8008
Expenditure on charitable activities	212,838		363,336	576,174	593,562
<b>Total Expenditure</b>	<b>222,753</b>		<b>363,336</b>	<b>586,089</b>	<b>601,570</b>
<b>Net income and net movement in funds for the year</b>	<b>5,289</b>		<b>19,672</b>	<b>24,961</b>	<b>971</b>
<b>Reconciliation of funds:</b>					
Total funds, brought forward	138,776	17,104	59,026	214,906	213,935
<b>Total funds, carried forward</b>	<b>144,065</b>	<b>17,104</b>	<b>78,698</b>	<b>239,867</b>	<b>214,906</b>

### Members of the Executive Committee

Markfield is governed by an Executive Committee which is made up of volunteers, service users, parents and carers, who are elected by members at the Annual General Meeting. The following people served as members of the Executive Committee during the year 2015-16: Michelle Abdin, Elizabeth Archer, Claire Bendall, Clare Croft-White, Frederick Guobadia, Warren Hoskins (Treasurer), Dee Kushlick-Williams (Chair), John Larkin, Melian Mansfield, Charity Omungu, Jeremy Spooner, Councillor Makbule Gunes & Councillor Felicia Opoku.  
Company Secretary: Claudia Rawlinson

Our funders during 2015-16 were: Haringey Council, Baily Thomas Charitable Fund, Childwick Trust, James Baker, Big Lottery Fund, BBC Children In Need, Bloomfield Trust, City Bridge Trust, The Mercers' Company, Mike Davies, Department for Education, Family Action, Jack Petchey Foundation, Park Studios, Sainsbury's Community Budget, Tottenham Grammar School Foundation, and other individual donors.

### Opinion

In our opinion the summarised financial statement is consistent with the full financial statements and the Executive Committee's Annual Report of the Markfield Project for the year ended 31 March 2016.  
Ramon Lee and Partners

### Auditors

Ramon Lee and Partners, Kemp House, 152-160 City Road, London EC1V 2DW

### Bankers

The Co-operative Bank, PO Box 250, Delf House Skelmersdale, WN8 6WT  
CCLA Management Ltd, 80 Cheapside, London EC2V 6DZ

